



CHRIST WALKS WITH ME

LENT 2024

"Above all, I urge the members of the Church to take up the Lenten journey with enthusiasm, sustained by almsgiving, fasting and prayer. If, at times, the flame of charity seems to die in our own hearts, know that this is never the case in the heart of God! He constantly gives us a chance to begin loving anew."

– Pope Francis



WE PRAY WITH OUR HOLY FATHER POPE FRANCIS

PRAYER INTENTION FOR MARCH 2024



For the new martyrs

We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.





Week Commencing: Monday 25th March 2024 THIS IS HOLY WEEK



Resilience

We Gather to Pray...

Week Commencing: Monday 25th March 2024

THEME FOR THE WEEK:
This is Holy Week

LINKED CST PRINCIPLE
LINKED BHCET VIRTUE Resilience

THIS IS HOLY WEEK.
'JESUS GAVE A LOUD CRY AND BREATHED HIS LAST.'
(The Passion from Mark)

WORLD RELIGIONS AND CULTURAL EVENTS:
30TH BUDDHISM MAGHA PUJA DAY

FEAST DAYS AND MEMORIALS THIS WEEK:
The Solemnity of the Annunciation of the Lord has been moved till Monday 8th April
BREAK FOR EASTER ON MAUNDAY THURSDAY THIS WEEK!
Lenten Almsgiving
Stations of the cross
The Sacrament of Reconciliation and/or Penitential Services to be celebrated within Lent

Holy Week Prayer Station: Stations of the Cross
Materials needed: Pictures or representations of the Stations of the Cross, small slips of paper, pens, a large cross or crucifix
Instructions:
Set up pictures or representations of the Stations of the Cross.
Place small slips of paper and pens nearby.
Choose one or more Stations of the Cross that resonate with them and reflect on the
Write down a brief prayer or reflection based on the station they have chosen.
Place prayers or reflections at the foot of the large cross or crucifix as an offering to Jesus.

Scripture Passage: Mark 15:16-20 - The Crucifixion of Jesus.

Prayer: "Dear Jesus, as we reflect on Your journey to the cross during this Holy Week, help us to understand the depth of Your love and sacrifice. May the Stations of the Cross inspire us to follow You, take up our own crosses, and be witnesses of Your resurrection. Amen."

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen

Glory Be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end.
Amen

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death.
Amen

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come, Thy Will be done, On earth as it is in Heaven. Give us this day, our daily bread, And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.
Amen



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Resilience

Monday 25th March 2024

OF HOLY WEEK

Sign of the Cross and Gather

During the final two weeks of term, we will walk with Jesus on the Way of the Cross. As we pray each Station, we bring before God those who are suffering at this time.

Veronica wipes the face of Jesus - (<https://youtu.be/ml5YInRdLog> - You may choose to use this video reflection today)

Veronica is not mentioned at all in the scriptures but her story is one of the many that appear in the tradition of the Church. It is a story of tender-hearted love. It is repeated as a reminder that in the midst of terrible cruelty and violence, there are brave, good people to reminds us that one simple gesture of love and kindness means that God is still in the world.

Living the Word of God

Do a small action today that brings comfort to someone.

We Go Forth

Lord, Just as Veronica wiped your face as a simple act of kindness, help us to do little things today to ease the sufferings of others.



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Resilience

Tuesday 26th March 2024 OF HOLY WEEK

Sign of the Cross and Gather

During the final two weeks of term, we will walk with Jesus on the Way of the Cross. As we pray each Station, we bring before God those who are suffering at this time.

Jesus comforts the Women of Jerusalem-

<https://youtu.be/J9y2r4VVOw8>

<https://youtu.be/tpqXODsERJA>

(You may choose to use these two video reflections today)

Jesus meets the women and comforts them in their worry and sorrow. Even when he is at the point of death, he still brings comfort to others.

The Reflection

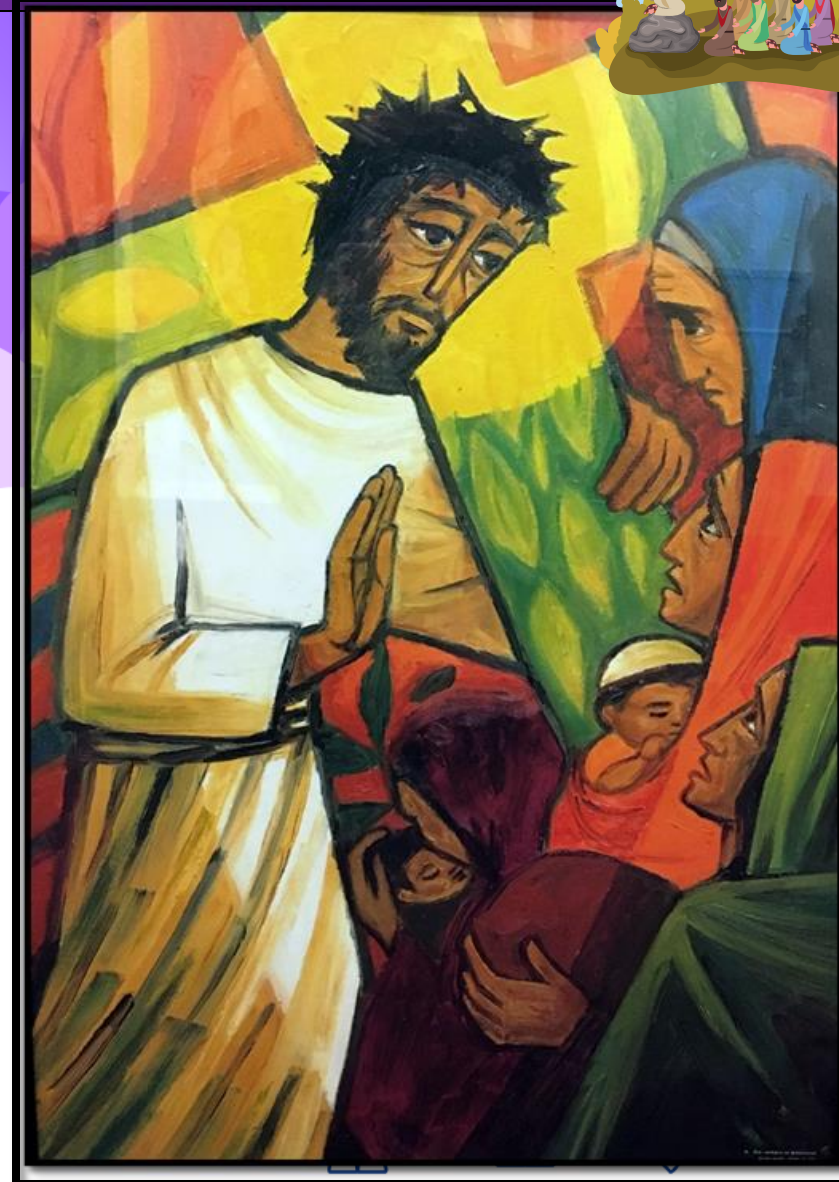
Lord, show me today how to help bring light into the dark situations of our world.

Living the Word of God

Comfort those who are sad today.

We Go Forth

We pray the Hail Mary together...



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Resilience

Wednesday 27th March 2024

(SPY WEDNESDAY)

Sign of the Cross and Gather

During the final two weeks of term, we will walk with Jesus on the Way of the Cross. As we pray each Station, we bring before God those who are suffering at this time.

Jesus is stripped of His Garments

<https://youtu.be/7HNv4z3tZeU>

<https://youtu.be/A3pqoZFppqk>

(You may choose to use these two video reflections today)

Jesus is humiliated by the guards and those around him laugh and joke at His torn clothes.

The Reflection

Are there times that I am unkind to others?

Have I sometimes laughed at another person's misfortune?

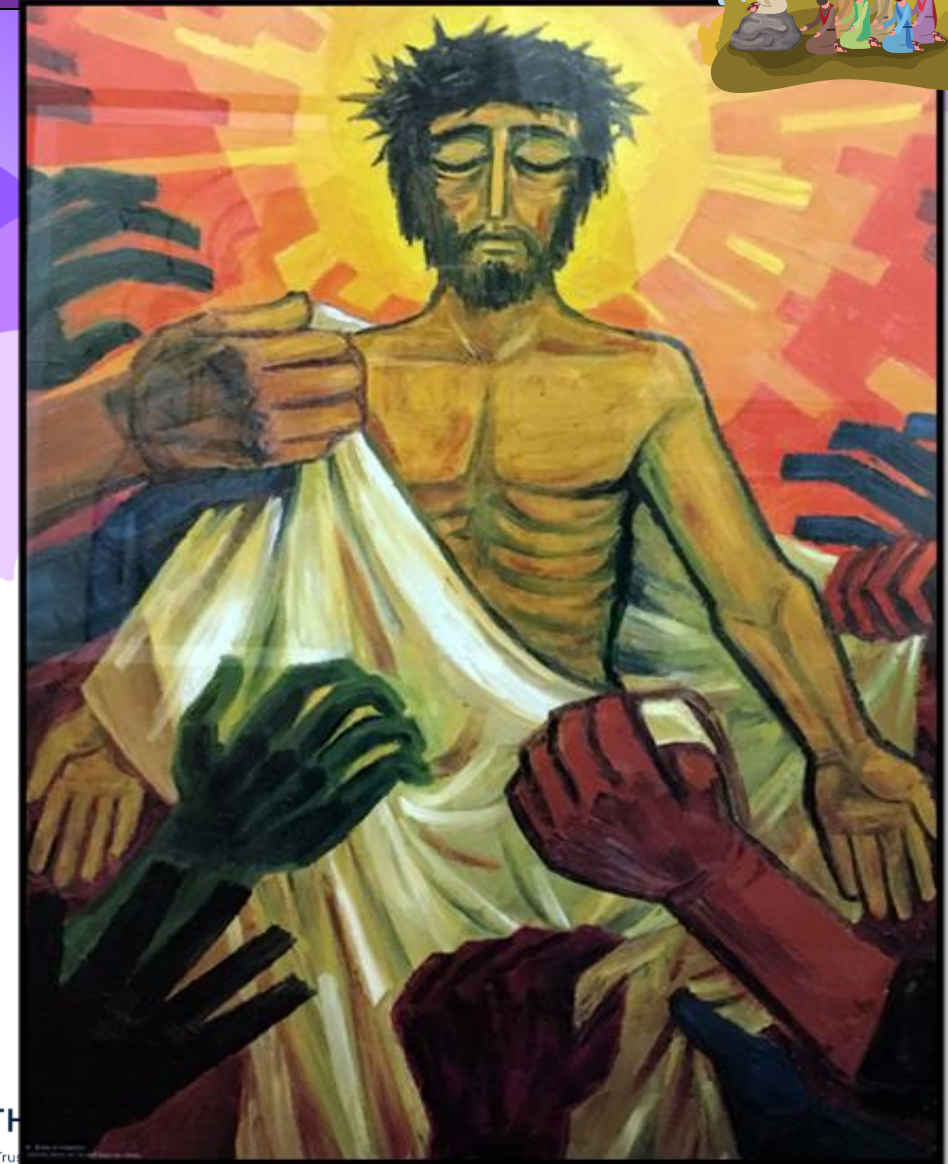
Living the Word of God

Be proud of your faith and live it out in our actions.

We Go Forth

Lord, help us when we are embarrassed of our faith to have the determination to stand up for what we feel is right.

Amen



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Thoughtful MAUNDY Thursday 21st March 2024

Of Lent

Sign of the Cross and Gather

During the final two weeks of term, we will walk with Jesus on the Way of the Cross. As we pray each Station, we bring before God those who are suffering at this time.

Jesus dies on the Cross

<https://youtu.be/5FZxSOhoHLM>

<https://youtu.be/62QhwdMXnQE>

https://youtu.be/sl2_oj7akPE

<https://youtu.be/L030fRUqg-Y>

You may wish to use these video reflections today

Jesus breathes His last breath and dies. Lord, we thank you for this great sacrifice.

Living the Word of God

Mark Jesus' Sacrifice tomorrow with your parish family at 3pm.

We Go Forth

Glory be to the Father, and to the Son and to the Holy Spirit
As it was in the beginning, is now and ever shall be; world without end
Amen

