



*'Let's begin with a prayer...' 2023/24*

Week Commencing: Monday 18th March 2024  
Fifth Week of Lent Year B

### Monday- Of Lent

Lord of Growth and transformation, as we recall Sunday's Gospel message, 'unless a grain of wheat shall fall,' we are reminded of the beauty and necessity of growth and sacrifice. Teach us to embrace change and self-giving as the grain of wheat, which falls and dies to produce much fruit. May this lesson inspire us to let go of our personal desires for the greater good, nurturing seeds of faith, hope, and love within ourselves and in our community. Grant us the courage to transform and bear fruit in Your name. Amen.

### Tuesday- the Solemnity of St Joseph

Holy St Joseph, We give thanks today for your faithful service and humble acceptance of God's plan for your life. May your example inspire us to trust in Jesus, embracing God's will with a heart full of faith.  
Lord, teach us to live lives of quiet strength and unwavering commitment, following in the footsteps of St. Joseph.  
Amen  
St Joseph, pray for us!

### Friday - Of Lent - World water Day

Creator of all, on this World Water Day, we are reminded of the precious gift of water, essential for all life. Help us to be responsible stewards of this vital resource, ensuring its availability and purity for all. As we reflect on Your sacrifice, let us also be mindful of those in need, committing ourselves to acts of service and care for Your creation. Amen.

### Thursday- Of Lent

ord, as we continue through this Lenten season, help us to deepen our understanding of Your love and sacrifice. May this time of reflection bring us closer to You and strengthen our resolve to follow Your path. We pray for the wisdom to learn from our experiences and the courage to live out our faith in every aspect of our lives. Amen

### Wednesday- The Feast of St Cuthbert and World Happiness Day

Gracious God, today we celebrate the Feast of St. Cuthbert the Patron of our Diocese. It is also World Happiness Day. We remember St. Cuthbert's devotion and service as a great bishop and teacher. May his life inspire us to seek joy in our faith and in serving others. On this day of happiness, we pray for joy to be abundant in our lives and in the lives of those around us, spreading cheer and goodwill in our community and beyond.  
Amen."

Week Commencing: Monday 18th March 2024

**THEME FOR THE WEEK:**  
*'From Sacrifice to Salvation.'*

LINKED CST PRINCIPLE: Confidence  
LINKED BHCEC VIRTUE: Resilience

5th Week of Lent Year B.  
*'Unless a grain of wheat shall fall upon the ground and die; it yields a rich harvest.'*

**WORLD RELIGIONS AND CULTURAL EVENTS:**  
20TH MARCH INTERNATIONAL DAY OF HAPPINESS  
WORLD WATER DAY 22ND MARCH  
DURING THE HOLIDAYS: ISLAM- EID AL ADHA 4TH APRIL, 9TH APRIL EID AL FITR

**FEAST DAYS AND MEMORIALS THIS WEEK:**  
Solenten Almsiving  
Stations of the cross  
The Sacrament of Reconciliation and/or Penitential Services to be celebrated within Lent  
PALM SUNDAY THIS COMING SUNDAY!  
(Mark the Solemnity of St Joseph, SVP St Patrick's Party)