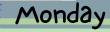
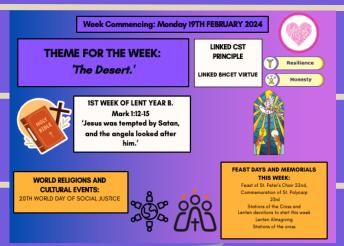
'Let's begin with a prayer...' 2023/24

Week Commencing: Monday 19th February 2024
First Week of Lent Year B







Wednesday

We pray the family prayer of all Christians

Our Father...

On Wednesday last week we began the Season of Lent. Lent is our yearly opportunity to 'turn back to God with all of our hearts.'

Yesterday's Gospel was Jesus being tempted in the desert- as we start our own Lenten journey we explore the desert areas of our own live; what areas of our spiritual life do we need the refreshment and life that only comes from knowing Jesus as our friend, brother and redeemer?

Lord, walk with us through the desert moments of today, leading us to find you in the everyday and ordinary. Amen

thursday-

Come, my Light,
and illumine my darkness.
Come, my Life,
and revive me from death.
Come, my Physician,
and heal my wounds.
Come, Flame of divine love,
and burn up the thorns of my sins,
kindling my heart
with the flame of thy love.

Loving God,
you call us back to you with all of
our hearts. We feel your call for us
deep in our heart and we know you
want us back as much as we want
to return.

Please, Lord, give us the wisdom to know how to return.

Make our journey back to you this Lent one of grace, forgiveness and gentle love.

Amen

Friday-

Prayer of St Ignatius

You have given all to me, to you Lord I return it.

Everything is yours- do with it what you will.

Give me only your love and your grace.

That is enough for me.

Amen.

