



'Let's begin with a prayer...' 2023/24

Week Commencing: Monday 19th February 2024
First Week of Lent Year B

Monday

Week Commencing: Monday 19TH FEBRUARY 2024

THEME FOR THE WEEK:
'The Desert.'

LINKED CST PRINCIPLE: Resilience
LINKED BHCET VIRTUE: Honesty

1ST WEEK OF LENT YEAR B.
Mark 1:12-15
'Jesus was tempted by Satan, and the angels looked after him.'

WORLD RELIGIONS AND CULTURAL EVENTS:
20TH WORLD DAY OF SOCIAL JUSTICE

FEAST DAYS AND MEMORIALS THIS WEEK:
Feast of St. Peter's Chair 22nd,
Commemoration of St. Polycarp 25th
Stations of the Cross and Lenten devotions to start this week
Lenten Almsgiving
Stations of the cross

On Wednesday last week we began the Season of Lent. Lent is our yearly opportunity to 'turn back to God with all of our hearts.'

Yesterday's Gospel was Jesus being tempted in the desert- as we start our own Lenten journey we explore the desert areas of our own live; what areas of our spiritual life do we need the refreshment and life that only comes from knowing Jesus as our friend, brother and redeemer?

Lord, walk with us through the desert moments of today, leading us to find you in the everyday and ordinary. Amen

TUESDAY-

Loving God,
you call us back to you with all of our hearts. We feel your call for us deep in our heart and we know you want us back as much as we want to return.

Please, Lord, give us the wisdom to know how to return.
Make our journey back to you this Lent one of grace, forgiveness and gentle love.

Amen

wednesday

We pray the family prayer of all Christians
Our Father...

Thursday-

Come, my Light,
and illumine my darkness.
Come, my Life,
and revive me from death.
Come, my Physician,
and heal my wounds.
Come, Flame of divine love,
and burn up the thorns of my sins,
kindling my heart
with the flame of thy love.

Friday-

Prayer of St Ignatius

You have given all to me, to you Lord I return it.
Everything is yours- do with it what you will.
Give me only your love and your grace.
That is enough for me.
Amen.

