



'Let's begin with a prayer...' 2023/24

Week Commencing: Monday 5th February 2024
The Fifth Week of Ordinary Time B

Monday

Yesterday, the Gospel revealed how Jesus brought healing and peace to those suffering in mind, body, and spirit, reaching out to all regardless of their background.

Today, let us pray for our youth:
"May our young people find confidence and self-belief, becoming ambassadors of peace through their words and actions.
Amen."

TUESDAY-

Direct our hearts and minds,
O Lord, towards building
Your Kingdom in our
families and communities.
Instil in us the zeal for
justice, peace, and positive
change. Amen

Week Commencing: Monday 5th February 2024

THEME FOR THE WEEK:
'Jesus brings healing.'

LINKED CST PRINCIPLE
LINKED BHCT VIRTUE Compassion

5TH WEEK IN ORDINARY TIME
YEAR B
Mark 1:29-39
'He cast out devils and cured many who were suffering from disease.'

WORLD RELIGIONS AND CULTURAL EVENTS:
7TH SAFER INTERNET DAY, 11TH INTERNATIONAL DAY OF WOMEN AND GIRLS IN SCIENCE

FEAST DAYS AND MEMORIALS THIS WEEK:
25th St Agatha, 4th St Paul Was and Cosmos, St Josephine Bakhita (Patron of Hope)

LENT BEGINS NEXT WEDNESDAY IN HALF TERM

wednesday

Lord Jesus, open our hearts to the other, the stranger, and the oppressed. Help us to recognise Your face in the marginalised and the poor. Through Christ our Lord. Amen

Thursday-

St. Josephine Bakhita - Day of Prayer for Victims of Trafficking

"St. Josephine Bakhita, witness of hope and faith, assist those trapped in slavery. Comfort survivors, and inspire all to seek healing and redemption. Intercede for those enslaved among us. Amen."

Learn more about St Josephine Bakhita:
<http://thebakhitafoundation.com/who-we-are/who-is-st-bakhita/>

Friday-

In Anticipation of the Feast of Our Lady of Lourdes and World Day of Prayer for the Sick on Sunday:

"Today, we pray for those suffering in mind, body, or spirit. May Our Lady of Lourdes intercede, bringing peace and consolation to their hearts.
Hail Mary... Our Lady of Lourdes, pray for us."

