



CHRIST WALKS WITH ME

LENT 2024

"Above all, I urge the members of the Church to take up the Lenten journey with enthusiasm, sustained by almsgiving, fasting and prayer. If, at times, the flame of charity seems to die in our own hearts, know that this is never the case in the heart of God! He constantly gives us a chance to begin loving anew."

– Pope Francis



WE PRAY WITH OUR HOLY FATHER POPE FRANCIS

PRAYER INTENTION FOR MARCH 2024



For the new martyrs

We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.





Week Commencing: Monday 26th February 2024 The 2nd Week of Lent Year B



Compassion

Week Commencing: Monday 26th February 2024

THEME FOR THE WEEK:
'The Transfiguration.'

LINKED CST PRINCIPLE
LINKED BHCET VIRTUE



Self Belief
Resilience

2nd Week of Lent Year B.
(The Transfiguration)
'This is my Son, the Beloved.'
Listen to Him!
Mark 9:2-10



WORLD RELIGIONS AND CULTURAL EVENTS:

2ND WORLD TEEN MENTAL WELLNESS DAY, 3RD MARCH WORLD WILDLIFE DAY



FEAST DAYS AND MEMORIALS THIS WEEK:

Feast of St David- Friday 1st March
2ND TRUST PATRONAL FEAST DAY
ST CHAD

We Gather to Pray...

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen

Glory Be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end.
Amen

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death.
Amen

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come, Thy Will be done, On earth as it is in Heaven. Give us this day, our daily bread, And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.
Amen



Bishop Hogarth
Catholic Education Trust





Monday 26th February 2024

Feria



Self Belief



Resilience

Sign of the Cross and Reflection

We are now in the second week of Lent... Yesterday we heard in the Gospel the story of the Transfiguration of the Lord- the moment when Peter, James and John were able to see the Glory of the God made known to us in the person of Jesus Christ.

Jesus was transfigured before them with Elijah and Moses. The disciples will have understood the significance of Elijah being present as it was known that this great Prophet would return when the longed-for Messiah would arrive on earth.

Moses was there to show that Jesus, their friend, brother and redeemer, was the fulfilment of the law.

The disciples were so ecstatic to be in the presence at this moment of revelation that Peter exclaims 'Lord, it is wonderful for us to be here.' They could have stayed up that holy mountain in peace forever, however, the mission of Christ and in turn the mission of His followers was back down the mountain and eventually to Golgotha.

We have all experienced 'Transfiguration' moments in our own lives. Moments that have taken our breath away and we have wished for them to last forever, however, the Christian life compels us to travel 'down' the mountain and to face our own personal 'Golgotha' moments.

Jesus never said that following Him would be easy, yet we are promised that our suffering is never in vain.

Watch a video reflection for today [here](#).



WE GO FORTH

Lord,
Open our eyes, our minds and our hearts to see You, especially in the faces of those who are suffering. Even in moments of difficulty, grant us the knowledge that You are with us, particularly through the closeness of those who you have placed into my life this day.
Amen.





Tuesday 27th February 2024

Feria



Self Belief



Resilience

SIGN OF THE CROSS AND GATHER

In today's reading, Isaiah sums up hope we should live our Christian life; others, especially those who are oppressed, poor or in pain...

THE WORD

From the Prophet Isaiah

Cease to do evil.

Learn to do good,

search for justice,

help the oppressed,

be just to the orphan,

plead for the widow.

'Come now, let us talk this over,
says the Lord.

Though your sins are like scarlet,
they shall be as white as snow;
though they are red as crimson,
they shall be like wool.

The Word of the Lord

Thanks be to God

WE GO FORTH

PRAY IN THE SILENCE OF YOUR
HEART FOR THOSE WHO ARE
SUFFERING AS A RESULT OF EVIL
TODAY.

Cease to do evil,
learn to do good;
seek justice,
rescue the
oppressed.

defend the
orphan,
plead for the
widow.

Isaiah 1.16-17



LIVING THE WORD OF GOD

Cease to do evil.
Learn to do good,
search for justice,
help the oppressed,
be just to the orphan,
plead for the widow.



Wednesday 28th February 2024

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Self Belief



Resilience

Sign of the Cross and Gather

In today's Gospel, Jesus teaches that to be truly great, we must become a servant to others.

As we listen to the words of Jesus today, we think about how we serve others.

In Islam, today is LAILAT ALBARA'A. Muslims seek forgiveness for their sins. Many Muslims believe that it is on this night that a person's destiny is fixed by Allah for the coming year, and the night is often spent in prayer, asking for forgiveness and God's guidance. Some Muslims fast during the daytime in preparation for the night. In certain parts of the world Muslims visit the graves of relatives, and the giving of charity is also traditional. In a number of places the night is marked with firework displays.

THE WORD

From the Gospel of Matthew

'Jesus said: 'Anyone who wants to be great must be your servant and anyone who wants to be first among you must be your servant.'

The Gospel of the Lord
Praise to You, Lord Jesus Christ

WE GO FORTH

We pray the Family Prayer of all
Disciples
Our Father...

LIVING THE WORD OF GOD

Live the words of the Gospel
today

And he sat down and called the twelve. And he said to them,
IF ANYONE WOULD BE FIRST,
he must be last of all and servant of all.



"Above all, I urge the members of the Church to take up the Lenten journey with enthusiasm, sustained by almsgiving, fasting and prayer. If, at times, the flame of charity seems to die in our own hearts, know that this is never the case in the heart of God!"



Thoughtful Thursday 29th February 2024

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Self Belief



Resilience

WE GATHER TO PRAY:
We light our candle and perhaps play some reflective music...
Our theme this week has been *The Transfiguration.*
We pray that we might open our eyes to see the Glory of God in the every day and ordinary moments.

Week Commencing: Monday 26th February 2024

THEME FOR THE WEEK:
'The Transfiguration.'

LINKED CST PRINCIPLE

LINKED BHCE VIRTUE



Self Belief
Resilience



2nd Week of Lent Year B.
(The Transfiguration)
'This is my Son, the Beloved.
Listen to Him!'
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WORLD RELIGIONS AND CULTURAL EVENTS:
2ND WORLD TEEN MENTAL WELLNESS DAY, 3RD MARCH WORLD WILDLIFE DAY



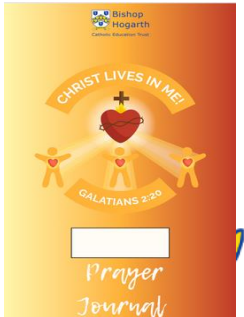
FEAST DAYS AND MEMORIALS THIS WEEK:
Feast of St David- Friday 1st March
2ND TRUST PATRONAL FEAST DAY
ST CHAD

Where have you seen God's Glory this week?



This week we are thankful for:

This week we are praying for:





Friday 1st March 2024

St David



Self Belief



Resilience

Sign of the Cross and Gather

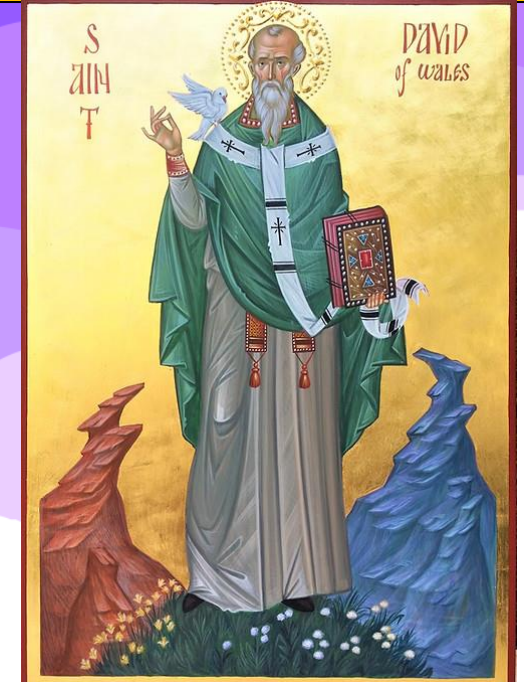
St David is believed to be the son of King Sant of South Wales and St Non.

He was ordained as a priest, lived as a monk and later became the Archbishop of Wales.

During his life, St David founded a number of monasteries. The monks were known for eating and drinking very little – water and bread with salt, while ploughing the fields without oxen and looking after the beehives during the day, and praying and studying in the evenings.

There are many legends about St David. One of the best known is that as he was preaching to a crowd of people, a hill rose up where he was standing so all the people could see him, and a dove landed on his shoulder.

In his sermon the Sunday before he died, St David said: "Be joyful and keep your faith and your creed. Do the little things that you have heard about and seen me do. I will walk the path that our fathers trod before us."



WE GO FORTH

Saint David,
You chose to live a simple life, and helped others
whose lives were
simple not through choice but circumstances.
Pray that I may consider
my choices and live more simply in order to make
a big difference to
others.
Amen.