



**"The Word became flesh and lived among us.
We gazed on his glory, the kind of glory that belongs to the Father's unique Son, who is full of grace and truth."**



WE PRAY WITH OUR HOLY FATHER POPE FRANCIS

PRAYER INTENTION FOR DECEMBER 2023



We pray that people living with disabilities may be at the centre of attention in society, and that institutions may offer inclusive programs which value their active participation.





Week Commencing: Monday 11th December 2023

The Second Week of Advent Year B



Confidence

Week Commencing: Monday 11th December 2023



THEME FOR THE WEEK:
'Preparation.'

LINKED CST PRINCIPLE

LINKED BHCET VIRTUE



Confidence



ADVENT WEEK 2, YEAR B

Mark 1:1-8

'A voice cries out in the wilderness: prepare a way for the Lord.'



WORLD RELIGIONS AND CULTURAL EVENTS:
GREEN MONDAY



FEAST DAYS AND MEMORIALS THIS WEEK:

21ST OUR LADY OF GUADALUPE, 15TH ST LUCY, 14TH ST JOHN OF THE CROSS
ADVENT LITURGIES TO TAKE PLACE THIS WEEK. PARISH CHRISTMAS MASS TIMES TO BE COMMUNICATED TO FAMILIES.

We Gather to Pray...



In the name of the Father, and of the Son, and of the Holy Spirit.
Amen

Glory Be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end.
Amen

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death.
Amen

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come, Thy Will be done, On earth as it is in Heaven. Give us this day, our daily bread, And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.
Amen





Monday 11th December 2023

Of Advent



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SIGN OF THE CROSS AND GATHER

In the Gospel yesterday, we hear about John the Baptist preparing the people for the coming of Jesus, the Saviour.

The prophecy made by Isaiah in the Old Testament gives us the perfect focus for our advent journey: 'Prepare a way for the Lord,'

The Word

From the Gospel of Mark
'A voice cries out in the wilderness; prepare a way for the Lord, make His paths straight.'

LIVING THE WORD OF GOD

How can you make the path for Jesus to enter your heart clear?

WE GO FORTH

Jesus, as we await the celebration of Your birth,
Help me to prepare my heart to receive you.
May the upcoming feast of Christmas be an
opportunity for us to show our love for You through our
service of others,
Amen





Tuesday 12th December 2023 Of Advent (or Our Lady of Guadalupe)



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SIGN OF THE CROSS AND GATHER

We spend a few moments in silence welcoming the Lord into this place.

We gather by making the Sign on the Cross.

THE REFLECTION

Listen to the Words of the Advent song and reflect on the meaning of this season:

<https://www.youtube.com/watch?v=UH7asSGxAxA>



WE GO FORTH

Lord God, may we, your people, who look forward to the birthday of Christ experience the joy of salvation and celebrate that feast with love and thanksgiving. We ask this through Christ our Lord. Amen.

LIVING THE WORD OF GOD
'Rejoice' in the ordinary moments of the day.





2nd Week of Advent
PEACE

Wednesday 13th December 2023

St Lucy



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Sign of the Cross and Gather

Choose a piece of music to help people enter into this time of prayer

<https://www.youtube.com/watch?v=GAW5G8u-nWs>

We spend a few moments in silence welcoming the Lord into this place.

**We gather by making the Sign on the Cross.
In the Gospel today, Jesus tells us to come to Him with all of our worries and difficulties**

The WORD

From the Gospel of Matthew

'Come to me all you who labour and are over burdened and I will give you rest.'



We GO FORTH

Create an Advent Prayer to share as a class today

LIVING THE WORD OF GOD

Hand over to Jesus your worries today

Today is the Feast of St Lucy, learn more about her here:

<https://www.catholicnewsagency.com/saint/st-lucy-83>





Thoughtful Thursday 14th December 2023

St John of the Cross



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Sign of the Cross and Gather

Choose a piece of music to help people enter into this time of prayer (This instrumental music might be fitting:

<https://www.youtube.com/watch?v=s7GexlvX8HU>)

We spend a few moments in silence welcoming the Lord into this place.

We gather by making the Sign on the Cross.

Advent Week 2- Prayer Station

Peace: Materials needed: Small basin or bowl, water, pebbles or small rocks, small pieces of paper, pens Instructions:

- Fill the small basin or bowl with water and place it on a table. Place the pebbles or rocks nearby.
- Write down any worries, fears, or conflicts they may be experiencing on the pieces of paper.
- Crumple the papers and place them in the water, symbolizing their desire for peace.
- As you place each pebble or rock in the basin, reflect on surrendering their concerns to God.

Prayer

"Prince of Peace, during this second week of Advent, we seek Your peace. Help us to surrender our worries and conflicts to You, knowing that You are in control. Fill our hearts with Your peace, and help us to be peacemakers in our world. Amen."

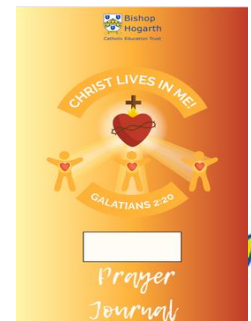
Scripture Passage: Isaiah 26:3 - "You will keep in perfect peace those whose minds are steadfast because they trust in you."



This week we are thankful for:



This week we are praying for:





Friday 15th December 2023 – Of Advent



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An Advent Examen

1. What joy have you found this week?

Where have you felt God's love?

What have you done this to prepare the way for Jesus being born into this world for you?

2. Now think about your week. What did you recognize as gifts (thinking about the gifts of gold, frankincense, and myrrh brought to Jesus)? **Thank God for the gifts he has given to you this week.** Which of those gifts have you brought to Jesus in gratitude?

<https://www.youtube.com/watch?v=Ke8Buj6DbHc> You may want to use this video version.

3. **Take a moment to reflect on the times week when God was especially present to you.** Recognize your feelings in those moments. How did you prepare your heart for God's presence in the coming of Jesus?

4. Now take a moment to think about the times when God seemed to be hidden. Where did you struggle to see the Jesus in your life—the way some failed to recognize the birth of the Messiah when Jesus was born? **When might you have seen the need for love and didn't respond (maybe like the innkeeper), or the opportunity for forgiveness and you walked away?** How was your heart prepared? Ask God to forgive you for anything that moved your heart away from God's love and recognizing the birth of Jesus in you. And **ask God to help you to open your heart and become the person that God created you to be.**

5. Finally, prepare for the hope of Jesus Christ in your life. **Ask God to bless all in your life as you prepare the way of the Lord,** and ask God to be with you today and every day.

EXAMEN

- GIVE THANKS.**
- Ask for help.**
- Reflect.**
- Say Sorry.**
- DECIDE.**

