



It is no longer I who live, but it is Christ who lives in me. This life that I live now, I live by faith in the Son of God, who loved me and gave his life for me.



# WE PRAY WITH OUR HOLY FATHER POPE FRANCIS

## PRAYER INTENTION FOR OCTOBER 2023



We pray for the Church, that she may adopt listening and dialogue as a lifestyle at every level, and allow herself to be guided by the Holy Spirit towards the peripheries of the world.



# Week Commencing: Monday 9<sup>th</sup> October 2023

## The Twenty Seventh Week of Ordinary Time- Year A

Week Commencing: Monday 9<sup>th</sup> October 2023

**THEME FOR THE WEEK:**  
*'Faith.'*

**LINKED CST PRINCIPLE**

**LINKED BHCET VIRTUE**



**Resilience**

**WEEK 27 YEAR A-**  
*'The stone that the builders rejected has become the cornerstone.'*



**BLACK HISTORY MONTH**

**WORLD RELIGIONS AND CULTURAL EVENTS:**

- 10th world homeless day,
- 10th WORLD MENTAL HEALTH DAY,
- 11th INTERNATIONAL DAY OF THE GIRL CHILD
- BLACK HISTORY MONTH



**FEAST DAYS AND MEMORIALS THIS WEEK:**

9th St John Henry Newman, ST PAULINUS, 11th ST JOHN XXIII, 12th, ST WILFRID TRUST PATRONAL FEAST DAY, ST EDWARD THE CONFESSOR, 15th ST THERESA OF AVILA  
Week of Prayer for Prisoners 9th-15th October (Activities surrounding those who are imprisoned- <https://prisonersweek.org>)

# We Gather to Pray...



In the name of the Father, and of the Son, and of the Holy Spirit.  
Amen

Glory Be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end.  
Amen

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death.  
Amen

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come, Thy Will be done, On earth as it is in Heaven. Give us this day, our daily bread, And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.  
Amen





# Monday 9<sup>th</sup> October 2023

## St John Henry Newman



### Resilience



### Sign of the Cross and Gather

As we begin a new week, we light our candle and welcome the Lord to spend this time with us...

**We may play some music to create a prayerful atmosphere in the classroom. Today is the Feast of St John Henry Newman, an English saint!** A day when we honour a remarkable theologian and thinker. As St. Newman once said, 'To live is to change, and to be perfect is to have changed often.' Let us reflect on his wisdom and legacy." 🙏 ✨ In the Gospel yesterday, Jesus reminds us that He will be ignored and put to death; yet, he will triumph and through His suffering we can have eternal life.

### The Word

#### A reading from the Gospel of Matthew

It was the stone rejected by the builders that became the keystone.

This was the Lord's doing and it is wonderful to see?

The Gospel of the Lord

***raise to You, Lord Jesus Christ***



### We Go Forth

#### A prayer of St John Henry Newman

May the Lord support us all the day long,

Till the shades lengthen and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done.

Then in his mercy may he give us a safe lodging, and holy rest, and peace at the last.



Amen.

### Living the Word of God

**Have a positive outlook this week!**





Tuesday 10<sup>th</sup> October 2023 – Feria



Resilience

### Sign of the Cross and Gather

Did you know that the first African woman to be canonized as a saint by the Church in 21st century lived her entire childhood as a slave?



When just a little girl, Saint Josephine Bakhita (Bah-KEE-tah), was kidnapped from her loving family in the Sudan, and sold into brutal slavery. Her different "owners" frequently beat and tortured her. Finally, when she was sold to an Italian diplomat, at age 14, St. Josephine Bakhita received Christian instruction for the first time in Italy. Later, when the diplomat's family returned to Africa, Saint Josephine Bakhita refused to go with them. She remained in Italy with the religious sisters of the Daughters of Charity and lived happily for the rest of her life, where slavery was illegal. St Josephine is the patron saint of those who are trafficked. She is a real inspiration of someone who not only forgave those who hurt her, but also demonstrated diverse communities best reflect God's plan of inclusion, respect and care for all. Building these communities is everyone's responsibility.

### THE REFLECTION

*"It is an act of justice for the rich to help the poor."*  
St Josephine Bakhita

### WE GO FORTH



Choose a prayer to end your Worship time today.

### Living the Word of God



Create a Mission based on today's scripture





# Wednesday 11<sup>th</sup> October 2023

St John XXIII



**Resilience**

## Sign of the Cross and Gather

Pope Francis wrote a special letter entitled 'Fratelli Tutti' This letter explains how we should work together to break down the barriers created by indifference and prejudice. This letter reminds us that we are all brothers and sisters of a loving God. We should work together and learn from each other. During Black History Month, we remember especially that we are all brothers and sisters of a loving Father..



## The Reflection



"Each of us can learn something from others. No one is useless and no one is expendable."  
Pope Francis Fratelli Tutti

## Living the Word of God

Learn from each other- have an open mind and heart!



## We Go Forth

We turn to Our Lady of All Nations as we pray together:

*Hail Mary, full of grace.  
The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.*

Amen






# Thoughtful Thursday 12<sup>th</sup> October 2023 – St Wilfrid



## Resilience

### We Gather

As we open our prayer journals this morning,  
we play some **music**...

Today is the feast of St Wilfrid. St. Wilfrid was a very important bishop who lived a long time ago in England. He worked hard to teach people about Christianity. He once said, "Let's not forget, my friends, that we might face some tough times ahead." 

### October Creative Prayer Idea

**Gratitude Prayer Station: Materials needed: Small jar, colourful paper, pens, ribbon Instructions:**

1. Write or draw something you are grateful for on each paper.
2. Fold the papers and place them in the jar.
3. Gather in a circle and pray together, expressing gratitude for the blessings in their lives.

Prayer:

"Dear God, thank You for all the good things in our lives. Help us to remember to be thankful and to show gratitude every day. Amen."



# Gratitude

This week we are  
thankful for:

*As a class, what  
are we thankful  
for?*

*What has been  
good about this  
week so far?*



This week we are  
praying for:

*Those who are sick,  
sad or lonely...*

*Those who have  
died...*

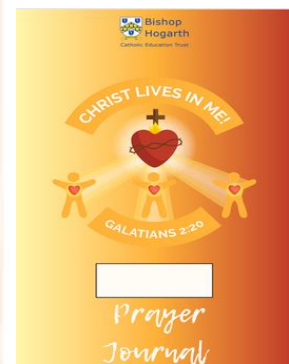
*Those experiencing  
difficulties...*



### WE GO FORTH

*We hold the children, staff and families of  
St Wilfrid's RC Primary School in Bishop  
Auckland in our prayers as they  
celebrate their Patronal Feast Day*

Lord, Lead us to act justly, love tenderly  
and walk humbly with You today.  
Amen





# Friday 13<sup>th</sup> October 2023 – Feria



## Resilience

### **SIGN OF THE CROSS AND GATHER**

As we begin our time of prayer, we spend a moment in silence, clearing our minds of the worries and pressures of the day. On the 15<sup>th</sup> October, we celebrate the life of St Teresa of Avila, a Carmelite nun who wrote many spiritual books and helped people to understand something about the relationship we can have with Jesus through prayer.

Although she died in 1582, her message is still important for us all to hear today.

### **The Examen**

#### **1. Give Thanks**

What has gone well this week?

#### **2. Ask God for light**

What has gone well this week?

How has God been working through you and others this week?

#### **3. Examine the week**

(What have I experienced? Have I felt loved and have I shown love to others?)

#### **4. See forgiveness**

Ask the Lord for forgiveness for the times you have failed to follow Him.

#### **5. Resolve to change**

Make a promise to make changes next week, learning from your experiences



### **Reflection**

*Prayer is nothing than being on friendship terms with God  
- St Teresa of Avila*

