



It is no longer I who live, but it is Christ who lives in me. This life that I live now, I live by faith in the Son of God, who loved me and gave his life for me.



Week Commencing: Monday 18th September 2023

The 24th Week of Ordinary Time- Year A



Justice

THEME FOR THE WEEK: 'Forgiveness.'

We Gather to Pray...



WORLD RELIGIONS AND CULTURAL EVENTS:
YOUTH MENTAL HEALTH DAY
19TH SEPTEMBER,
RECYCLING WEEK THIS
WEEK, INTERNATIONAL DAY
OF PEACE 21ST SEPTEMBER,
23RD INTERNATIONAL DAY
OF SIGN LANGUAGES
HINDU- GANESH CHATURTHI
JEWISH- 23TH YOM KIPPUR

FEAST DAYS AND MEMORIALS THIS WEEK:
20th Ss Andrew Kim Tae-gön,
Priest, Paul Chōng Ha-sang, &
Companions, Martyrs ST
MATTHEW 21ST, 23rd St Padre Pio.
Our Lady of Walsingham, 24th



Matthew 18:21-35
'Lord how often must I forgive?'

In the name of the
Father, and of the Son,
and of the Holy Spirit.
Amen

Glory Be to the Father, and to
the Son, and to the Holy
Spirit. As it was in the
beginning, is now, and ever
shall be, world without end.
Amen

Hail Mary, Full of Grace,
The Lord is with thee.
Blessed art thou among
women, and blessed is the
fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners now,
and at the hour of death.
Amen

Our Father, Who art in heaven, Hallowed
be Thy Name.
Thy Kingdom come, Thy Will be done, On
earth as it is in Heaven.
Give us this day, our daily bread,
And forgive us our trespasses,
as we forgive those who trespass against
us. And lead us not into temptation,
but deliver us from evil.
Amen





WE PRAY WITH OUR HOLY FATHER POPE FRANCIS PRAYER INTENTION FOR SEPTEMBER 2024



For people living on the margins
We pray for those persons living on the margins of society, in inhumane life conditions; may they not be overlooked by institutions and never considered of lesser importance.





Monday 18th September 2023 – Feria

The 24th Week of Ordinary Time- Year A



Justice



Sign of the Cross and Gather

As we begin a new week, we light our candle and welcome the Lord to spend this time with us... We might play some **music** to create a prayerful atmosphere. In the Gospel yesterday, Jesus tells us that we should forgive many, many times. God the Father never tires of forgiving us, it is us that grows tired and anxious of asking for that forgiveness! As we start the week, may we be people who accept our wrongdoings and seek forgiveness. May we be forgiving to others and God has forgiven us!

The Word

A short reading from the Gospel of Matthew
Peter went up to Jesus and said, 'Lord, how often must I forgive my brother if he wrongs me? As often as seven times?' Jesus answered, 'Not seven, I tell you, but seventy-seven times.'



The Gospel of the Lord
Praise to You, Lord Jesus Christ

Living the Word of God

Be a person of forgiveness!



Forgiveness
means seeing a
person as an
image bearer of
God

CLAIRE SWINARSKI



Then Peter came up and said to him, "Lord how often will my brother sin against me, and I forgive him? As many as 7 times?" Jesus said to him, "I do not say to you 7 times, but 77 times." Matthew 18:21

We Go Forth

We Pray the Our Father- focusing in particular on the line 'forgive us our trespasses as we forgive those who trespass against us.'





Tuesday 19th September 2023 – Feria

The 24th Week of Ordinary Time- Year A



Justice

Sign of the Cross and Gather

"Trust God that you are exactly where you are meant to be." -St Teresa of Avila

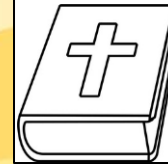
Today is Youth Mental Health Day. Our scripture reminds us how important it is to support one another, especially when we are feeling low and life is hard. It is so important to speak to each other about how we are feeling and to be people who others can be open with and rely on to help through difficult times.

[#StrideForward Video 2021 YMHD \(vimeo.com\)](https://www.vimeo.com/611111111)



The Word

From the Book of Ecclesiastes Two are better than one,
because they have a good return for their labour:



If either of them falls down,
one can help the other up.

Living the Word of God

Be a good friend today



We Go Forth

We pray for all young people who are suffering from anxiety, stress, depression, and other mental health problems. May they feel Your Spirit close to them and may we speak words of healing, encouragement, and peace to bring light into their lives.

Amen





Wednesday 20th September 2023 – Sts Andrew Kim Taegon, Paul Hasang and Companions



Justice

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Sign of the Cross and Gather

Tomorrow is International Day of Peace. St Teresa of Calcutta once said: "If you want to bring peace to the whole world, go home and love your family." We pray that we might be ambassadors of peace.



The Word

From Psalm 4:8

In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety.

Living the Word of God

Spend time looking at a map and praying for specific places in the world that desperately need peace.



We Go Forth

God of mercy,

help us to listen to your voice,

a voice that speaks of peace to all people.

Let the sound resonate within us, until a whisper becomes a shout which cannot be ignored.



Move us with your love, so that our actions echo your peace, and we may bring comfort to those touched by conflict.

Fill us with your hope, O Lord, and quiet the fear and hatred which divides us, as we seek to build a future together, of true and lasting peace.

We ask this through Christ our Lord, Prince of Peace, Amen.
(CAFOD)





Thoughtful Thursday 21st September 2023 – St Matthew the Evangelist



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We Gather

Today we celebrate the Feast of St Matthew. He was a Tax Collector who, on hearing the Good News, changed his life and followed Jesus. He is also wrote one of the four Gospels. As we use our Prayer Journal- we reflect on our own and other people's Mental Health. In Matthew's Gospel, Jesus commands the wind and the waves 'Peace. Be still! (Matthew 8:23-27) We pray for hearts and minds that are full of the Lord's peace... Use [this](#) music to create a prayerful atmosphere



This week we mark Youth Mental Health Day- Discuss and note down ways we can care for our own mental health and well-being and how we can support those struggling at this time:



This week we are thankful for:

As a class, what are we thankful for?

What has been good about this week so far?

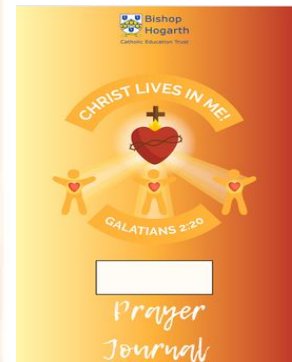


This week we are praying for:

Those who are sick, sad or lonely...

Those who have died...

Those experiencing difficulties...





Friday 22nd September 2023 – Feria

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Justice

Sign of the Cross and Gather- Friday Examen

Tomorrow is the Feast of St Padre Pio. He was a Capuchin Friar living in Italy, dying in 1968. He had a wonderful gift for helping people come to know Jesus, through the Mass and Confession in particular. He famously said ' Pray, hope and don't worry; worry is useless. God is merciful and hears our prayers! As we pray our Friday Examen today, may we hope in God's goodness, not worry about the past or our future and pray that the Lord walks with us in the present. Click [here](#) for a video version of the Examen.

1. Give Thanks

We spend a few moments in gratitude for the gifts and blessings of this past week...

2. Ask for Light

Ask the Lord to enlighten you, showing where He has lived within you through experiences, events, people and places.

3. Examine the Week

Review the moments of the past week, notice what has led to joy and what has led to sorrow and how you have reacted to these moments...

4. Seek Forgiveness

Ask God's forgiveness for the times when you have acted, spoken or thought in a way that is not loving.

5. Resolve to Change

Decide what in your behaviour or attitude that you will try and improve next week.

***You have given all to me.
To you, Lord, I return it.
Everything is yours; do with it what you will.
Give me only your love and your grace,
that is enough for me.
Amen***

