



'We gather to pray'  
W/C Monday 19<sup>th</sup>  
April 2021

The Third Week of  
Easter  
Year B

Theme for the week:  
Peace be with you

They were still talking about all this when Jesus himself stood among them and said to them, 'Peace be with you!'... Look at my hands and feet; yes, it is I indeed. Touch me and see for yourselves.'

Luke 24:36-39

'THOUGH WE ARE MANY, WE ARE ONE BODY IN CHRIST.'  
1 CORINTHIANS 12:12



***With Pope Francis we  
pray:***

Fundamental Rights

We pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis.

Together, we  
pray with  
Pope Francis  
during the  
month of  
April

# STRUCTURE FOR MORNING WORSHIP

## Sign of the Cross

*We make the Sign of the Cross asking the Lord to be with us in this time of prayer.  
The Sign of the Cross is a prayer within itself.*

## Gather

*We focus our minds on why we are beginning our day with prayer, we listen to the leader who introduced the theme taken from the Word for that particular day.*

## The Word

*We open our ears to what God says through the scriptures. We let these words enter our hearts and minds. We reflect on how the message of Christ has relevance to us today.*

## The Mission- Living the Word of God

*We have heard the Word of God, now it is time for it to make an impact on our actions, thoughts and feelings. The Mission is our task to take God's love to the world.*

## We go forth

*We finish our time together with a prayer, asking for strength and courage to live as Children of God. We also invoke Our Lady of Mount Carmel to guide us closer to Her Son, Jesus*

## Sign of the Cross

*We finally make the Sign of the Cross. We call upon God to bless the things we do today.*

## THE SIGN OF THE CROSS



IN THE NAME OF  
THE FATHER,



AND OF THE SON,



AND OF THE HOLY



SPIRIT,



AMEN.

# Prayers to begin the day



## Our Father

*Our Father,  
Who art in heaven,  
hallowed be Thy name;  
Thy kingdom come;  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil. Amen.*

## Hail Mary

*Hail Mary, full of grace. The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death. Amen.*

## Glory Be

*Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.*

## The Carmel College Prayer

Loving God, we pray for our college.

Let all who pass through its corridors inspire us with learning and understanding.

Help us to value our loving atmosphere of peace, respect and forgiveness.

Open our eyes to all, especially those who can do nothing for us in return.

Lead us to act justly, love tenderly and walk humbly with you, O Lord

Amen

Our Lady of Mount Carmel, Pray for Us



## A prayer for the morning

*Loving Father, you gave us Your Son,  
Jesus as our guide and example.*

*Help us today and everyday to see  
our gifts and talents of ways to  
make our world a better and more  
loving place.*

*Guide us in our school work and in  
our friendships.*

*Give us the strength to come to  
school each day with a positive  
attitude so that we may reach our  
full potential.  
Amen*



# A simple Grace before meals

*Heavenly Father, we praise and bless  
You and thank You for our daily food.*

*Bless those who go without food today*

*Amen*

*Our Lady of Mount Carmel, Pray for  
us*



## At the end of the College day

*May the Lord bless us and keep us.*

*May the Lord make His face to  
shine upon us, and be gracious to*

*us*

*May the Lord lift up His face upon*

*us,*

*and give us His peace.*

*Amen*

*Our Lady of Mount Carmel, Pray  
for us*



# Monday 19<sup>th</sup> April 2021

## Theme: Peace be with you

### Sign of the Cross and Gather

At the start of a new week, we gather together, sure of God's everlasting love and firm in the knowledge of his resurrection. This week's theme is: peace be with you. Jesus grant's us peace so we endeavour this week to give peace to those around us.

### The Word

#### From the Gospel according to Luke

The disciples were talking when Jesus himself stood among them and said to them, 'Peace be with you!' They thought they were seeing a ghost but he said, 'Why are you so agitated, and why are these doubts rising in your hearts? Look at my hands and feet; yes, it is I indeed. Touch me and see for yourselves; a ghost has no flesh and bones as you can see I have.' And as he said this he showed them his hands and feet.

***The Gospel of the Lord***  
**Praise to you Lord Jesus Christ**



### We go forth

Lord, when our hearts are overwhelmed, overwhelm us with Your peace. Lead us to You, our rock. In Jesus name we pray, Amen.

### Living the Word of God

**Be a person of peace today**

# Tuesday 20<sup>th</sup> April 2021

## Theme: Peace be with you

### Sign of the Cross and Gather

We gather together this morning by making the sign of the cross. Today, Jesus proclaims in our Gospel that he is the bread of life.

### The Word

From the Gospel of John (Jn 6:35)

'I am the bread of life.  
He who comes to me will never be hungry;  
he who believes in me will never thirst.'

*The Gospel of the Lord*  
Praise to you Lord Jesus Christ



### We go forth

Heavenly Father: thank you for sending your Son, Our Lord Jesus Christ, to be the Bread of Life for the world. Forgive us for elevating earthly appetites above devotion to you. Feed us with the knowledge of Christ so that we may spread his message to others,  
Amen.

### Living the Word of God

Come up with your own mission for today, what will your form do today to spread the word of God?



THE YEAR OF THE WORD



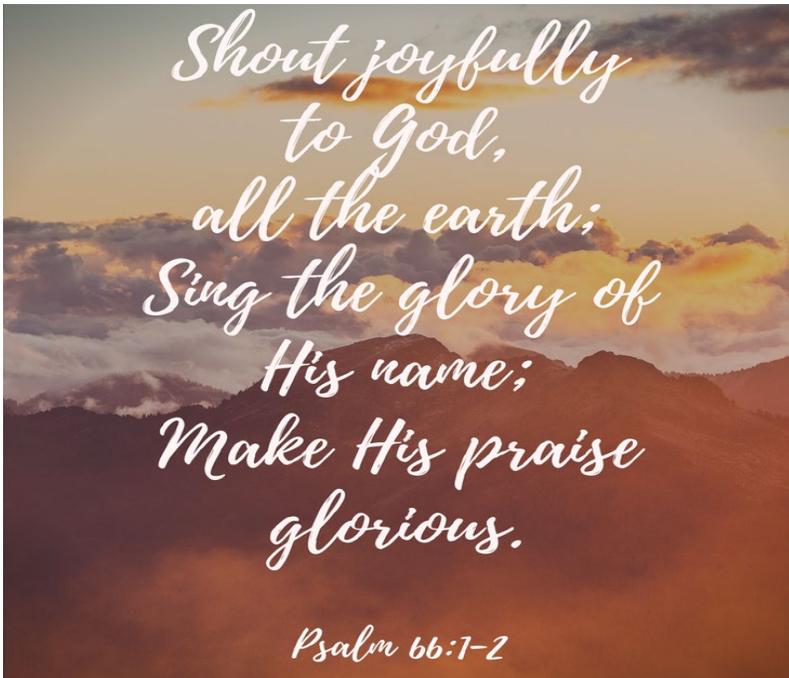
# Wednesday 21<sup>st</sup> April 2021

## Theme: Peace be with you

### Sign of the Cross and Gather

Our piece of scripture today comes from the Psalm for Mass. In this Easter season, we are assured of God's overwhelming love and commitment to us. We are an Easter people and shout his praises for all to hear.

### We reflect on the Word of God



### We go forth

Together in your form, write your own prayer that glorifies God's name.

### Living the Word of God

Spread the love of God by being joyful in all things today

# Thursday 22<sup>nd</sup> April 2021

## Theme: Peace be with you

### Sign of the Cross and Gather

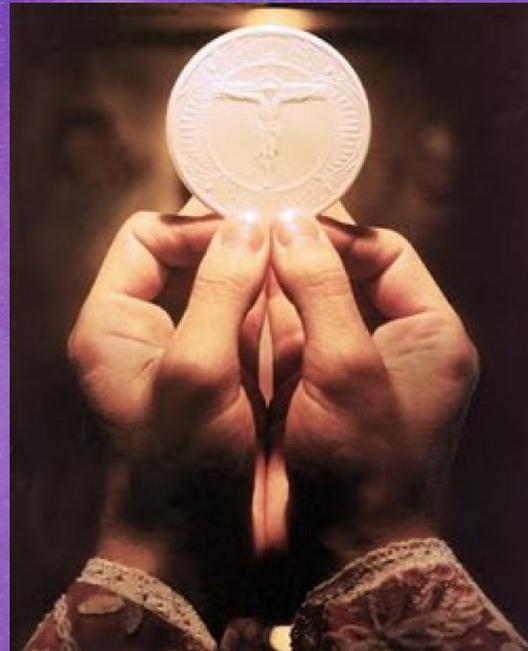
In our Gospel today, Jesus explains to us how his body is given to us in order to give us new life. When we go to Mass, we experience the sacrifice of Jesus through the eucharist. The elements of bread and wine are transformed into the body and blood of Jesus for spiritual and physical metaphor.

### The Word

*From the Gospel of John*

I am the living bread which has come  
down from heaven.  
Anyone who eats this bread will live  
for ever;  
and the bread that I shall give is my  
flesh,  
for the life of the world.'

The Gospel of the Lord  
**Praise to you Lord Jesus Christ**



### We go forth

Jesus, we thank You for giving us Your Body,  
Blood, Soul, and Divinity in the Blessed  
Sacrament. We place all of our worries into  
Your Sacred Heart. When we attend Mass, may  
we be healed and nourished with the True Food  
from Heaven.  
Amen.

### Living the Word of God

Jesus feeds us spiritually and physically with  
himself. How can you feed someone else today?

# Friday 23<sup>rd</sup> April 2021 - St George

## Theme: Peace be with you

### Sign of the Cross and Gather

Today, we celebrate the Feast of St George, the national Saint of England. St George was martyred in the 4<sup>th</sup> Century in modern day Israel. The story goes that he was a soldier who was martyred for not offering sacrifice to the Roman Gods. The legend of him slaying the dragon came much later! Watch the video reflection below on St George.

### Reflection

<https://www.youtube.com/watch?v=4Lye4zRBm-0>



### We go forth

O GOD, who gave Saint George strength and courage in the various challenges which he sustained for our holy faith; we ask you to preserve, through his prayers, our faith from doubt, so that we may serve you faithfully with a sincere heart.  
Through Christ our Lord. Amen.

### Living the Word of God

Ask for the intercession of St George in times of doubt today