



'THOUGH WE ARE MANY, WE ARE ONE BODY IN CHRIST.'
1 CORINTHIANS 12:12

'We gather to pray'
W/C Monday 8th
February 2021

The Second Week of
Lent
Year B

Theme for the week:

THE
TRANSFIGURATION

*'There in front of the disciples,
Jesus was completely changed.
And his clothes became much whiter
than any bleach on earth could make
them. Then Moses and Elijah were
there talking with Jesus.'*



Together, we
pray with
Pope Francis
during the
month of
March

***With Pope Francis we
pray:***

**Let us pray that we may
experience the sacrament of
reconciliation with renewed
depth, to taste the infinite
mercy of God.**

STRUCTURE FOR MORNING WORSHIP

Sign of the Cross

*We make the Sign of the Cross asking the Lord to be with us in this time of prayer.
The Sign of the Cross is a prayer within itself.*

Gather

We focus our minds on why we are beginning our day with prayer, we listen to the leader who introduced the theme taken from the Word for that particular day.

The Word

We open our ears to what God says through the scriptures. We let these words enter our hearts and minds. We reflect on how the message of Christ has relevance to us today.

The Mission- Living the Word of God

We have heard the Word of God, now it is time for it to make an impact on our actions, thoughts and feelings. The Mission is our task to take God's love to the world.

We go forth

We finish our time together with a prayer, asking for strength and courage to live as Children of God. We also invoke Our Lady of Mount Carmel to guide us closer to Her Son, Jesus

Sign of the Cross

We finally make the Sign of the Cross. We call upon God to bless the things we do today.

THE SIGN OF THE CROSS



IN THE NAME OF
THE FATHER,



AND OF THE SON,



AND OF THE HOLY



SPIRIT,



AMEN.

Prayers to begin the day



Our Father

*Our Father,
Who art in heaven,
hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.*

Hail Mary

*Hail Mary, full of grace. The Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.*

Glory Be

*Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.*

The Carmel College Prayer

Loving God, we pray for our college.

Let all who pass through its corridors inspire us with learning and understanding.

Help us to value our loving atmosphere of peace, respect and forgiveness.

Open our eyes to all, especially those who can do nothing for us in return.

Lead us to act justly, love tenderly and walk humbly with you, O Lord

Amen

Our Lady of Mount Carmel, Pray for Us



A prayer for the morning

*Loving Father, you gave us Your Son,
Jesus as our guide and example.*

*Help us today and everyday to see
our gifts and talents of ways to
make our world a better and more
loving place.*

*Guide us in our school work and in
our friendships.*

*Give us the strength to come to
school each day with a positive
attitude so that we may reach our
full potential.
Amen*



A simple Grace before meals

*Heavenly Father, we praise and bless
You and thank You for our daily food.*

Bless those who go without food today

Amen

*Our Lady of Mount Carmel, Pray for
us*



At the end of the College day

May the Lord bless us and keep us.

*May the Lord make His face to
shine upon us, and be gracious to*

us

May the Lord lift up His face upon

us,

and give us His peace.

Amen

*Our Lady of Mount Carmel, Pray
for us*



Monday 1st March 2021
The Feast of St David

A video Liturgy has been
prepared for today!



THE YEAR OF THE WORD



Sign of the Cross and Gather

In today's Gospel, Jesus teaches that to be truly great, we must become a servant to others. As we listen to the words of Jesus today, we think about how we serve others.

And he sat down and called the twelve. And he said to them,

**IF ANYONE
WOULD BE FIRST,**

he must be last of all and servant of all.

We go forth

We pray the family prayer of all Christians:
Our Father...

The Word

From the Gospel of Matthew
'Jesus said: 'Anyone who wants to be great must be your servant and anyone who wants to be first among you must be your servant.'

The Gospel of the Lord
Praise to You, Lord Jesus Christ

Living the Word of God

Put the needs of others before your own today.



Wednesday 3rd March 2021

DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

Fast from hurting words and say kind words.

Fast from sadness and be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pessimism and be filled with hope.

Fast from worries and have trust in God.

Fast from complaints; contemplate simplicity.

Fast from pressures and be prayerful.

Fast from bitterness; fill your hearts with joy.

Fast from selfishness and be compassionate.

Fast from grudges and be reconciled.

Fast from words; be silent and listen.



Sign of the Cross and Gather

During Lent we are encouraged to pray more, fast and give to charity. Sometimes, Lent can feel like an uphill struggle and we become obsessed with 'giving things up.' Today, we reflect on what habits we might give up this Lent, in order to make our hearts more open to Jesus and to others.

We go forth

Lord of our hearts,
Open our eyes and our hearts to see you in the outcast and the stranger. Help us on our Lenten journey to turn back to you with all our heart.
Amen

Living the Word of God

Be inspired by Pope Francis' suggestions today.



Thursday 4th March 2021

Sign of the Cross and Gather

We are working with CAFOD during Lent to ensure that all people have access to the things they need to live a happy and safe life. Today we pray for those who are living in poverty.

Living the Word of God

Try to make your community a little bit better today - perhaps help someone who is in need!



We go forth

Lord, thank you for the gifts you have given me to share with others. Amen

THE
GOD
WHO
SPEAKS



We reflect on the Word of God

"At his gate there lay a poor man called Lazarus..." Luke 19:20

As we work to end poverty, let's learn from the people who know most about it because they live with it. They have gifts to share and wisdom to teach.

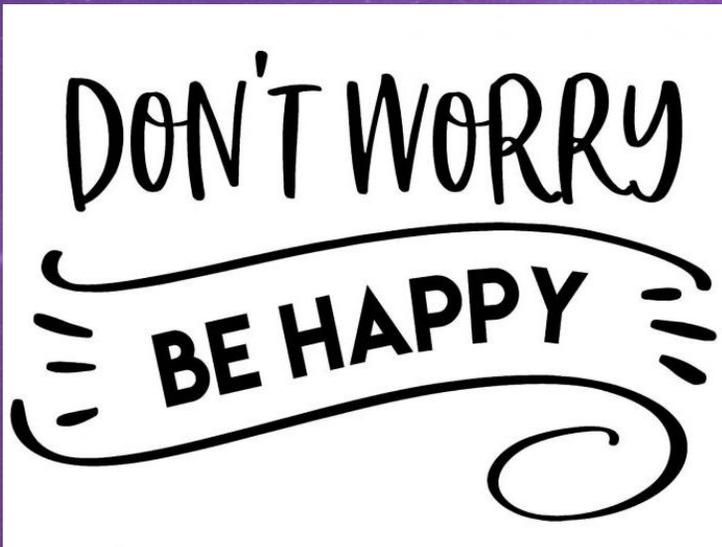
For example, how to live the real meaning of community.

"People stay [in Afar] because their community is their life. The community is a support mechanism, it's where you get help if you're sick. It's where you ask someone to fetch water for you if you're weak. If you need help - food, money or shelter - someone will help you."

Abebe Belachew, CAFOD, Ethiopia

Sign of the Cross and Gather

Life at the moment can sometimes feel challenging. We might be feeling a little bit lonely and perhaps a little bit fed up! Today, we look for the many blessings we have in our lives. We give thanks for all the things that bring us joy and hope.



We go forth

We give glory to God as we say:
Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now,
and ever shall be,
world without end.
Amen.

*Rejoice in the
Lord always.
Again I will say,
rejoice!*

Philippians 4:4

Living the Word of God

Give thanks for the good things in your life today.

